# **Emergency Action Plan for Kanaloa at Kona Owners and Guests**

**Revised 4/11/22** 

# **QUICK INFORMATION**

- For Police, Fire or Medical emergencies call 911.
  - o (For 911 Operator) Kanaloa is located at 78-261 Manukai Street, Kailua Kona
- Kanaloa has Security staff on property 24/7 and can be reached at (808) 987-6370.
- Kona Community Hospital is located at 79-1019 Haukapila Street, Kealakekua
- Hawaii County Emergency Text Alerts Sign Up
  - o https://countyofhawaii.bbcportal.com/
- Emergency numbers:

Electric: HELCO (808) 969-6666
Water: DWS (808) 961-8790

o Sewer: (808) 883-2046

#### **OVERVIEW**

Only a few natural disasters, like hurricanes, provide advanced notice and time to prepare. In most cases a disaster, like an earthquake, will strike without notice. Being prepared in advance of these disasters occurring can be the difference between life and death. Please take the time to familiarize yourself with the action plans for natural disasters that are common in Hawaii that you may not be familiar with at home, like a tsunami. Also included are action plans specific to Kanaloa for more common emergencies like fire or medical emergencies.

The employees at Kanaloa at Kona are trained to respond to disasters but it is important to remember that for most of the day, between 5:00pm and 8:00am, there is only one employee on property to respond immediately to an emergency. Kanaloa security guards are available 24/7 at (808) 987-6370 and they will call managers and staff for assistance but for most emergencies 911 should be your first call.

### **Before a Disaster**

Owners should take photos and/or a video of the full interior of their units well in advance of any disaster. Open all closet and cabinet doors and drawers to photograph interior of those. Insurance companies require a full accounting of contents and condition of the property before a loss and simple series of photos or a video will assist owners in preparing an inventory and establishing condition should the need for a claim arise.

# **Types of Disaster**

## Hurricane

During Hurricane Season, between the months of June through November, conditions such as sea-surface temperatures and surface pressure are favorable to the development of tropical cyclones. Hurricanes are easy to track by satellites so there will be ample notice given on TV and Radio.

- HURRICANE WATCH: Issues whenever there is a good possibility of hurricane conditions occurring within 48 hours. This is the time to take action and commence preparations.
- HURRICANE WARNING: Issued whenever there is a high probability of hurricane force winds occurring anytime within 36 hours.

Kanaloa at Kona staff will go door to door to notify all occupants of the Hurricane Watch/Warning, supply a copy of this Emergency Action Plan if needed and instruct occupant to follow the Hurricane updates on local news channels. Thereafter Kanaloa staff will be preparing the common areas of the property for approaching storm. Owners/Guests needing assistance in preparing their unit or have mobility issues in case of evacuation should call Security at (808) 987-6370. Kanaloa staff will assist owners in securing unoccupied units. Swimming pools and other common areas may be closed until all is clear. An information center will be set up in the lobby of the administration building with up-to-date information. Be advised that Kanaloa staff will be getting their storm information from local TV news channels

#### Before a Hurricane

- Listen to the local radio or television (Channels 1003, 1004, 1007, 1008 on Spectrum Cable) for updated weather information.
- Remove all items from the lanai.
- Tape DOES NOT prevent windows from breaking.
- Close all windows and louvers.
- Wedge sliding glass doors with a brace or broom handle to prevent it from being lifted from the tracks or ripped loose by the wind vibrations.
- Close all curtains
- Turn off utilities if instructed to do so. Otherwise, turn the refrigerator thermostat to its coldest setting and keep its doors closed.
- Avoid using the phone, except for serious emergencies. Consider texting.
- Ensure a supply of water for sanitary purposes like flushing toilets (fill bathtubs, trash cans, buckets).
- Prepare to evacuate when directed to by local authorities or when you feel you are in danger. Take your emergency supply kit with you (see list below). Evacuation shelter locations will be announced by local authorities.

• Emergency supplies: Secure enough water and food to last your party for at least a weeks or more.

## **During a Hurricane**

- Stay indoors away from windows, skylights and glass doors.
- Secure and brace exterior doors.
- Do not open sliding glass doors during high winds.
- Close interior doors and take refuge in a small interior room, like a closet or hallway, on the lowest level of your home.

#### After the Hurricane has Passed

- When safe to do so, return to your home to assess the damage. Take photos to document the damage for insurance purposes.
- Be aware of hazards, i.e., down power lines, broken gas lines, contaminated water, weakened structures, broken glass, etc.
- Remove standing water from your home including soiled carpets, mattresses and other items which may contribute to the growth of mold.
- Contact your insurance agent.

## **Tsunami**

- Kanaloa is in the tsunami evacuation zone and must evacuate to the Keauhou Shopping Center or higher elevation.
- A tsunami is a series of ocean wave masses generated primarily by earthquakes.
- Underwater volcanic eruptions and landslides can also generate tsunamis.
- It is difficult to predict a tsunami, the public are urged to prepare for an event with little warning.
- Tsunamis can strike year-round and during any time of the day or night.
- Ground shaking, a loud ocean roar, or the water receding unusually far exposing the sea floor are all nature's warnings that a tsunami may be coming. If you observe any of these warning signs, immediately evacuate to the Keauhou Shopping Center or higher elevation.
- If time permits, Kanaloa at Kona staff will ensure that all owners are aware of the tsunami warnings by going door to door to verify the occupant is aware of the situation.

# **Types of Tsunami Warnings**

• LOCAL EARTHQUAKE - May cause you to fall or have difficulty standing. This is a natural tsunami warning. Initially, protect yourself from earthquake effects. When the shaking stops, leave Kanaloa immediately to the evacuation point at Keauhou Shopping Center.

- URGENT TSUNAMI WARNING Possible tsunami generated by a significant earthquake in local waters. Sirens will sound. Turn on radio or local TV. If an urgent tsunami warning is announced, leave Kanaloa immediately to the evacuation point at Keauhou Shopping Center.
- TSUNAMI WATCH Significant distant earthquake has occurred. Tsunami approach not confirmed but possible. No siren sounding. Prepare for possible upgrade to tsunami warning. Turn on radio or local TV for updates.
- **TSUNAMI WARNING** Tsunami approach confirmed. Sirens will sound. Monitor radio or local TV. Be prepared to evacuate when advised/ordered by civil defense.
- TSUNAMI EVACUATION Sirens will sound. Turn on radio or local TV. Kanaloa residents must begin evacuation when the evacuation advisory/order is issued by civil defense. The closest evacuation zone is Keauhou Shopping Center.

#### After a Tsunami Event

- Tsunamis often come in multiple waves over a period of hours. Resist the temptation to watch the waves, especially if the water seems to draw back, exposing the ocean floor.
- Return home only after authorities say it is safe to do so. Not only could there be hazards and debris in certain areas, but roads may still need to be clear for rescue and recovery efforts.
- Help injured or trapped persons. Give first aid where appropriate but only when the surroundings are safe.

## Earthquake

- An earthquake is the sudden, sometimes violent movement of the earth's surface from the release of energy in the earth's crust.
- Active volcanoes in Hawai'i cause numerous earthquakes per day, most of which are too small to be registered by anything other than sensitive scientific equipment.

#### Before an Earthquake

- Locate the safest place in each room of the house such as under a sturdy table or desk. Stay away from outer walls, windows and hanging objects.
- Know how to turn off your water main. For most buildings at Kanaloa, the water mains for each unit are located underneath the building near the entry doors of units ending in 03 or 04.

#### **During an Earthquake**

• Drop down; take cover under a desk or table. Stay indoors until the shaking stops and you're sure it's safe to exit outdoor.

- Stay away from windows.
- If you are outdoors, find a clear spot away from buildings, trees, and power lines. Drop to the ground.
- If you are in a car, slow down and drive to a clear place. Stay in the car until the shaking has stopped and it's safe to continue driving.

#### After an Earthquake

• Be aware of tsunami threat: Kanaloa is in a tsunami evacuation zone. Local earthquakes could cause a tsunami before any alerts could be made. Immediately evacuate to higher ground and monitor news reports about tsunami threats. Kanaloa's evacuation point is the Keauhou Shopping Center.

### **Suggested Emergency Supply Kit List (Owner Supplied)**

- Water (one gallon per person per day for several days, for drinking and sanitation)
- Food (at least a several-day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- Plastic sheeting and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Manual can opener (for food)
- Local maps
- Cell phone with chargers and a backup battery

#### **Additional Suggested Items**

- Masks (for everyone ages 2 and above), soap, hand sanitizer, disinfecting wipes to disinfect surfaces
- Prescription medications. About half of all Americans take a prescription medicine every day. An emergency can make it difficult for them to refill their prescription or to find an open pharmacy. Organize and protect your prescriptions, over-the-counter drugs, and vitamins to prepare for an emergency.
- Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives
- Prescription eyeglasses and contact lens solution
- Infant formula, bottles, diapers, wipes and diaper rash cream
- Cash or traveler's checks
- Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container

- Sleeping bag or warm blanket for each person
- Complete change of clothing appropriate for your climate and sturdy shoes
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and pencil
- Books, games, puzzles or other activities for children

#### **OTHER EMERGENCIES**

#### Fire

• Every unit at Kanaloa has a fire extinguisher. Know where the fire extinguisher is located and how to safely operate.

#### If a Fire Starts:

- Extinguish the fire if possible. If the fire has just sparked—for example, a pan catches fire on the stove—you may be able to contain it. Grab your fire extinguisher and remember to PASS: pull the pin, aim at the base of the flames, squeeze the extinguisher handle, and sweep from side to side until the fire is extinguished. Make sure that the fire is completely out and not still smoldering.
- If the fire cannot be contained, remember to GET OUT, STAY OUT and CALL 9-1-1. If able, call Kanaloa Security at (808) 987-6370 to help evacuate.
- Yell "Fire!" several times and go outside right away. Leave all your things where they are and save yourself.
- If closed doors or handles are warm or smoke blocks your primary escape route, use your second way out. Never open doors that are warm to the touch.
- If you must escape through smoke, get low and go under the smoke to your exit. Close doors behind you.
- If smoke, heat or flames block your exit routes, stay in the room with doors closed. Place a wet towel under the door and call 9-1-1. Open a window and wave a brightly colored cloth or flashlight to signal for help.
- Once you are outside, go to your meeting place and then send one person to call the fire department. If you cannot get to your meeting place, follow your family emergency communication plan.

#### If your clothes catch on fire:

- Stop what you're doing.
- **Drop** to the ground and cover your face if you can.
- Roll over and over or back and forth until the flames go out. Running will only make the fire burn faster.

Once the flames are out, cool the burned skin with water for three to five minutes. Call for medical attention.

# **Medical Emergencies**

Call 911 for all medical emergencies. **Inform the 911 operator the street address of Kanaloa is 78-261 Manukai Street, Kailua Kona** and give them your unit number. Call Kanaloa Security at (808) 987-6370. There is an AED (automated external defibrillator) and First Aid Kit located at the Entry Gate House (Security office).

#### Recognizing medical emergencies

Getting medical help right away for someone who is having a medical emergency can save their life. This article describes the warning signs of a medical emergency and how to be prepared.

#### Information

According to the American College of Emergency Physicians, the following are warning signs of a medical emergency:

- Bleeding that will not stop
- Breathing problems (difficulty breathing, shortness of breath)
- Change in mental status (such as unusual behavior, confusion, difficulty arousing)
- Chest pain
- Choking
- Coughing up or vomiting blood
- Fainting or loss of consciousness
- Feeling of committing suicide or murder
- Head or spine injury
- Severe or persistent vomiting
- Sudden injury due to a motor vehicle accident, burns or smoke inhalation, near drowning, deep or large wound, or other injuries
- Sudden, severe pain anywhere in the body
- Sudden dizziness, weakness, or change in vision
- Swallowing a poisonous substance
- Severe abdominal pain or pressure

#### BE PREPARED:

- The closest hospital is the **Kona Community Hospital located at 79-1019 Haukapila Street, Kealakekua**. Located about 15 minutes away from Kanaloa.
- Wear a medical identification tag if you have a chronic condition or look for one on a person who has any of the symptoms mentioned.

#### WHAT TO DO IF SOMEONE NEEDS HELP:

- Stay calm, and call 911 and Kanaloa Security (808) 987-6370.
- Start CPR (cardiopulmonary resuscitation) or rescue breathing, if necessary and if you know the proper technique. Kanaloa Security has an AED device.
- Place a semiconscious or unconscious person in the recovery position until the ambulance arrives. DO NOT move the person, however, if there has been or may have been a neck injury.

Upon arriving at an emergency room, the person will be evaluated right away. Life- or limb-threatening conditions will be treated first. People with conditions that are not life- or limb-threatening may have to wait.

#### **CALL 911 IF:**

- The person's condition is life threatening (for example, the person is having a heart attack or severe allergic reaction)
- The person's condition could become life threatening on the way to the hospital
- Moving the person could cause further injury (for example, in case of a neck injury or motor vehicle accident)
- The person needs the skills or equipment of paramedics
- Traffic conditions or distance might cause a delay in getting the person to the hospital